The principle of 'Fostering Resilience and Empowerment through Trauma-Informed Education' is important in trauma-informed practices because it turns the hitches into empowerment for meaningful engagement as catalyst for societal transformation.

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In my practice as a traditional spiritual healer and an advocate to traditional medicine practice, I have appreciated that numerous skilled traditional healers constantly suffer historical social injustice through marginalization, misrepresentation and suppression of their spiritual identity and practices, done by community, religious and political leaders, and the Ministry of Health. The enacted the "Traditional and Complementary Medicine Act 2019" has not benefited healers, since it has not been operationalized even after 6 years. The traditional healers should acquire confidence, work together and engage their community leaders and the Ministry of Health to defend their rights and roles.

Dr. Sekagya Institute of Traditional Medicine has a "Forest School" where traditional healers can gather once a week, every Wednesday, for self-proficiency trainings. Healers include herbalists, bone setters, traditional birth attendants and spiritualists. The actionable steps will include; (i) Community engagement to identify 20 traditional healers from Mpigi and Butambala districts. (ii) Identify the historical and current laws oppressing and/or supporting healers' rights and practices. (iii) Hold weekly workshops for healers to discuss, identify, synthesize, understand and role-play the historical, intergenerational trauma they experience and the mechanisms their ancestors used for resilience, such as use of drums, music and spears. (iv) Hold dialogue workshops between community leaders and trained trauma-informed healers. (v) Hold dialogue workshops between Ministry of Health and trained trauma-informed healers. (vi) Hold press conference to advocate for the right of practice and related regulation of healers. (vii) Hold a dialogue meeting with the Health Committee of the Parliamentary of Uganda.

The expected outcome include; 20 trauma-informed trained healers, 40 training workshops, laws oppressing and/or supporting healers identified, 2-3 role-plays developed, 3 artifacts of resilience identified. 3 workshops with community leaders, 2 workshops with Ministry of Health, 1 Press Conference, 2 dialogue meetings with Health Committee of Uganda Parliament.

Effectiveness will be monitored through: documentation and recording all the steps and activities including; lists of attendance, photographs, video clips, number of workshops and dialogues, list of laws, role-plays,

The trained trauma-inform healers will form a group to initiate a pressure group to sustain the advocacy for their rights, and lead to operationalization of the Traditional and Complementary Medicine Act 2019.